

### Interview: Winner of the Month Model IIvy Kokomo (Letland)

#### Can you tell us a little about you?

My name is Ilvy, I am 24 years old and I am a full time model based in Riga, Latvia.

#### If you could change anything about yourself, what would it be?

There are always some small things that everyone wants to change in themselfes. But I think we should love ourselfes the way we are and work on accepting ourselfes.

#### How did you start modeling?

My first attempts was 6 years ago for some castings. Then it started. I used to do a part time modeling, because I had my University studies, but now almost a year I'm doing a full time since I graduated.

#### What do you think of the work as a model?

It's not an easy work! I hate when people think that modeling in their opinion is just looking good in front of camera. It is far much more than just this. Model always have to be in good shape with a good skin — it means working out and diet plans. Always on time, always good sleep. In addition — posing is a physical work, so after that I can be extremely tired. And not even mentioning damaged hair!





#### What is your beauty regimen?

Work out at least 4 times a week, good sleep at least 7-8 hours, healthy food and good skin and hair care products.

#### What are your plans for the future?

To become a well known model!

#### What are some of your favorite experiences so far?

I always enjoy traveling, that is very related to my work. My favorite was a photoshoot roadtrip in Norwegian landscapes and mountains.

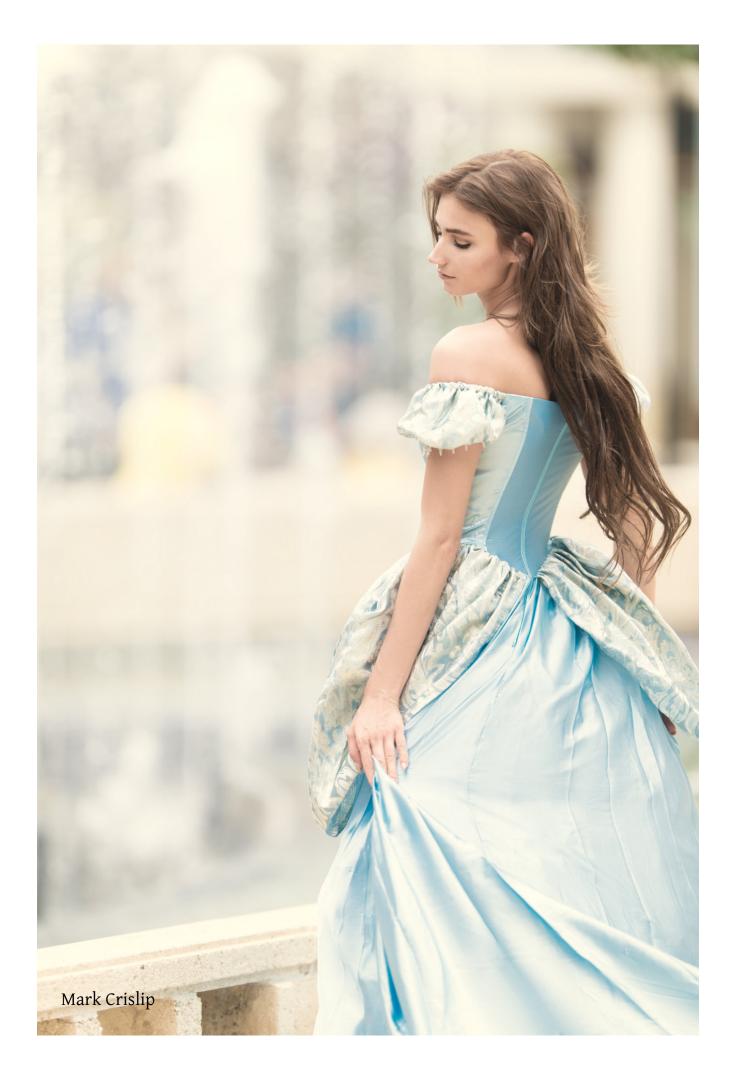
## Do you have any advice for those who want to start modeling?

Everything I know it was by learning from my mistakes. I could write a book about it!

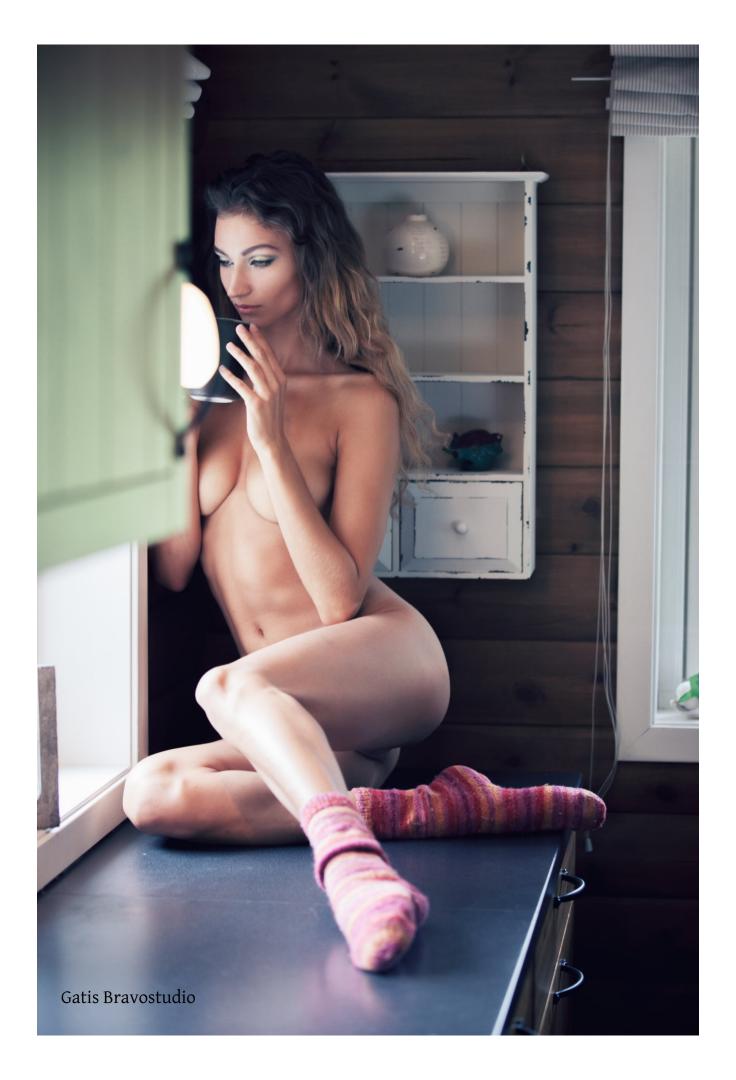
#### What do you think of the magazine?

I love Modellenland magazine! Very interesting interviews and good quality pictures! I think it's a very good magazine to get published in and I'm very thankful for this opportunity.

http://www.ilvykokomo.com/















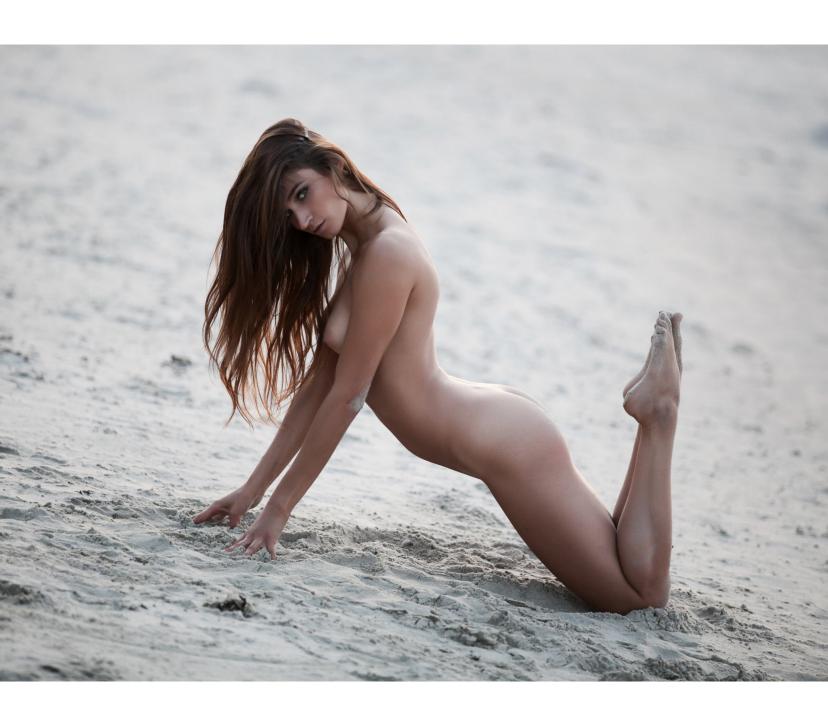










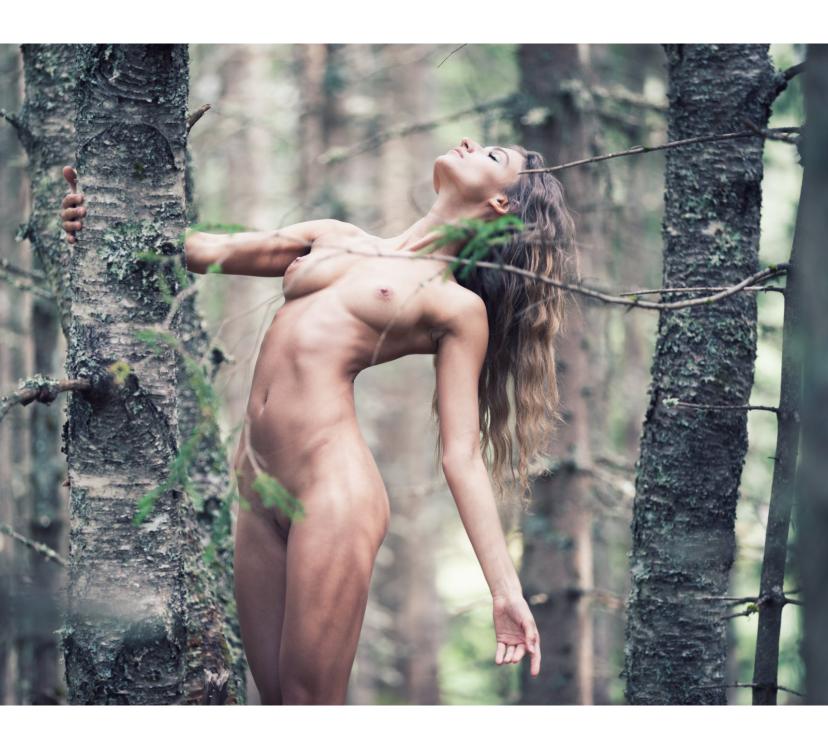


















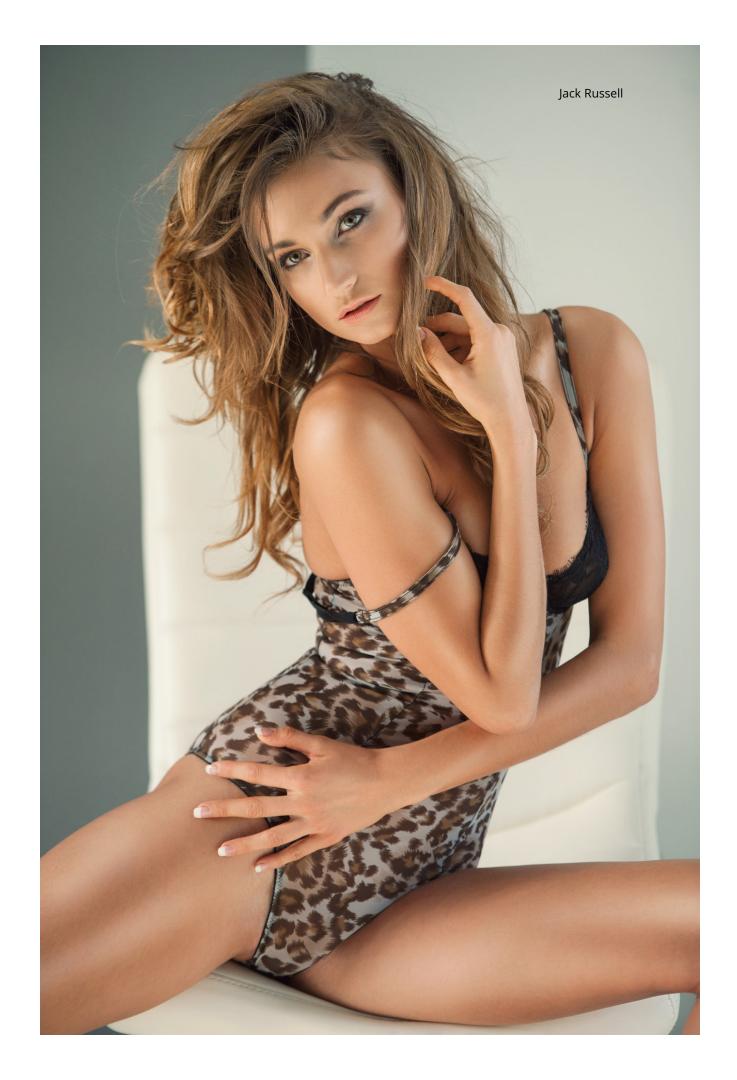






































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